

# Counselling Training at Mary Ward



The Mary Ward Centre offers counselling training at three levels:

- Introduction to Counselling (level 2)
- Certificate in Counselling Skills (level 3)
- The Professional Diploma in Integrative Counselling (level 4)

To practise as a counsellor you must be trained to at least level 4. You can complete all parts of your training at the MWC or you can join at either Certificate or Diploma level. Full details of the requirements for each course are given overleaf.

These courses are very popular so you need to apply early. There is a joint application form for levels 2 and 3 and a separate one for the Diploma. When you have submitted your application form you may be short-listed for interview. For levels 2 and 3 there is a group and individual interview. For level 4 there is a longer individual interview.

Interviews for level 2 and 3 take place in July and September. There are further interviews for level 3 in October if there are still places available. Application packs for the Diploma are available from April, and for levels 2 and 3 from the end of April. See summary of application timetable on the back of this leaflet.

Further details: [www.marywardcentre.ac.uk](http://www.marywardcentre.ac.uk) or tel. 020 7269 6022



## **Introduction to Counselling (level 2)**

This is a six week (30 hours) course for beginners starting in September. Anyone who is interested may apply. You will learn basic listening skills and write a learning statement describing your experience of learning. Your progress will be assessed by your tutor and you will receive a MW certificate of attendance on successful completion.

## **Certificate in Counselling Skills (level 3)**

This is a 30 week (150 hours) course for those who have successfully completed an introductory course of 30 hours or have equivalent experience. They must also be able to demonstrate skills in English equivalent to level 2 - for example GCSE/O level English Language, ESOL/ Literacy/Key Skills at Level 2. If there is doubt about equivalency contact a tutor.

The course covers skills practice, theory of counselling and personal development. Skills practice is externally assessed through a tape and written case study. There are three other pieces of written work that are internally assessed. You need to allow at least 60 hours for private study over the course. The course leads to the award of the Certificate in Counselling Skills from the ABC exam board.

Info packs for level 2 & 3 will be available in April.

## **The Professional Diploma in Integrative Counselling( [BACP Accredited](#) )**

This is a two-year (450 hours) course and is recognised as professional training. Candidates must have successfully completed 180 hours of formal counselling training or the equivalent. Please note that a degree in Psychology will not normally be considered an equivalent. If in doubt contact the tutors. The course is based on Clarkson's five-strand model of the therapeutic relationship and covers theory, skills (including supervision), personal development and professional practice. Students need to be undertaking their own personal counselling and must complete 100 hours of counselling practice under supervision in an agency.

This course demands a considerable time commitment for private study, attendance at a placement and personal counselling.

Assessment is evidence based. Students must complete a portfolio of work based on seven learning units. Skills are externally assessed through a tape and written paper which is done under exam conditions.

This course leads to the award of Level 4 Diploma in Therapeutic Counselling (TC -L4) from the CPCAB exam board. The course is also accredited by the national professional body, The British Association for Counselling and Psychotherapy.

There is an open afternoon in May where you can meet the tutors and discuss the course in greater detail. The date is in the current prospectus.

### **General information**

For details of dates see the Mary Ward Centre prospectus or website. Level 2 and 3 classes take place on Thursdays, daytime or evening. Level 4 classes take place on Tuesdays or Fridays, daytime.

All courses require 80% attendance.

Fees for courses (except level 2) may be paid in instalments by arrangement. There are concessionary fees for people on benefits. Students may also apply to the Student Support Fund for help towards the costs of fees, childcare, transport and course materials. For details of all these, please ask in Reception.

**For specific queries please email: [counselling@marywardcentre.ac.uk](mailto:counselling@marywardcentre.ac.uk) or tel. 020 7269 6022**



## Summary of Application Timetable

Level:	Length:	Course Starts:	When do I apply?	How do I apply?
Intro to Counselling Level 2	6 Weeks (30 hours)	September	From end of April; interviews in July and September	By special application form, followed by group and individual interview
Certificate in Counselling Skills Level 3	30 weeks (150 hours)	November	From end of April; interviews in July, September and October (if places still available).	
Professional Diploma in Integrative Counselling Level 4	2 years (450 hours minimum)	September	From April	By special application form; longer, individual interview
<b>Counselling Open Afternoon for all prospective Diploma students: 6<sup>th</sup> May 10</b> Application forms can be downloaded from: <a href="http://www.marywardcentre.ac.uk">www.marywardcentre.ac.uk</a>				

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### Return slip to request application pack

Name:			
Address:			
Postcode		Telephone	

Please send me the pack, as indicated:

✓Tick below

Counselling Level 2 (Introduction) and Level 3 (Certificate) joint application pack	
Diploma in Counselling Level 4 application pack	

Return this slip to:

Student Services, Mary Ward Centre, 42 Queen Square, London WC1N 3AQ