

## Mary Ward Centre

### ITEC Diploma in Reflexology

This professional course provides a comprehensive introduction to both theoretical and practical aspects of reflexology. Successful candidates are awarded an ITEC Diploma in Reflexology, recognised throughout the English-speaking world.

#### What subjects will I study?

The course consists of:

- History of Reflexology
- Contraindications
- Indications
- Direct reflexes
- Indirect reflexes
- How to give a reflexology treatment

All the subjects are taught in an exciting and engaging way, with an emphasis on student participation.

#### What previous knowledge, experience and skills do I need?

Students must already have the ITEC Diploma in Massage, Body Treatments, and Complementary Therapy or expect to have one of these by September 2010. Students need to have a good standard of written and spoken English i.e. GCSE pass.

#### What commitment must I make?

Regular attendance as well as reading and written work will be expected from you during the course. It is an ITEC requirement that students attend 80% of the course. You will be expected to do preparatory reading of course material and write up notes taken in class. You will prepare 10 client case histories, where each client is treated 4 times. Students will be expected to do wider reading around the subject. For a detailed syllabus, visit the ITEC website at [www.itecworld.co.uk](http://www.itecworld.co.uk)

#### What can I do once I've finished the course?

Successful students can go on to practice reflexology on a self-employed basis working from a clinic or at home or employed as a reflexologist at a health spa. Students can also go on to further study to belong to one of the main reflexology organisations.

#### How much does the course cost?

The course costs £528, full fee and £155 concessionary fee for home students. If you are an overseas student, please ask the centre for more details. It is possible to pay the fees in instalments. (Sept/ Nov/ Dec)

#### What financial help can I receive?

Some students may be eligible to receive financial assistance from our Student Support Fund, which can contribute to the cost of books, travel and childcare expenses.

#### When and how long is the course?

Course 516

Date: Thursday 7 October 2010-7 July 2011

Time: 13.15 – 16.15

There are two independent study days during the course. The practical exam will be held in July 2011

#### How do I apply?

Fill out the Special Application form and return it to us as soon as possible. Students will be called for interview in July or September on a first-come-first-serve basis.

For further information please contact

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