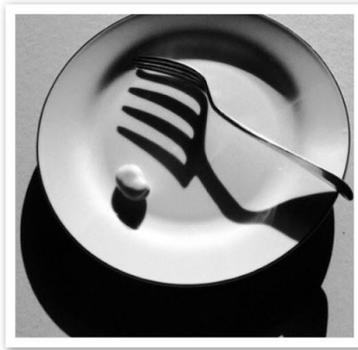


# ‘In The Frame’

*Introduction to still life photography. Learn how to set a scene using household objects and create the perfect photograph.*



Still life photography is a genre of photography used for the depiction of inanimate subject matter, typically a small group of objects.

## Introduction

I just wanted to write a note of encouragement before you actually begin taking your photographs.

Sometimes there is a danger feeling inhibited when taking photos. The pressure of 'getting it right' can be overwhelming. We can often get too caught up with the technical aspects of taking a photo. The rules and the camera are there only to help. Don't let the advice and instructions become a barrier to you taking a great photo.

The best thing about still life photography is that it is still. It doesn't move unless you move it. This gives you control over your subject. You would not get this with landscape or portrait photography so use this to your advantage.

Still life photography is a great way of increasing your confidence and will help you become more comfortable talking on more challenging projects.

Put yourself in the mindset of a successful photographer. You have two hours to create a great set of photos for a client. Do it your way, experiment, have fun.

The scene may be set and the lighting may be perfect, your camera or smartphone is recording the images, but remember to trust your own judgement.

Take your time observe, look for pattern, cast shadow, repeated shapes. Photograph from above, below, alternate your angles. Keep moving, keep recording your images. Trust your instinct. You are the photographer. You have the control.

All of a sudden the photo you have been looking for will appear. You will instinctively know that it is the right picture. You can then take a few of these. All of your efforts will have paid off.

Realise that you will discard many of your photographs, but have confidence that amongst all of the photos that you take, will be your perfect picture. I took 72 to get four that I was pleased with.

Good luck and happy snapping!